

Trauma-Informed Care Models/Trauma-Specific Models

Models for Developing Trauma-Informed Service Systems and Organizations: Adults

- Creating Trauma Informed Systems of Care: Facilitating Recovery in Mental Health Service Settings
- Developing Trauma-Informed Organizations: A Tool Kit
- NETI Reduction of Seclusion and Restraint: Creating
- Violence Free and Coercion Free Mental Health Treatment Settings
- Risking Connection: A Training Curriculum for Working with Survivors of Childhood Abuse
- Risking Connection in Faith Communities: A Training Curriculum for Faith Leaders Supporting Trauma Survivors
- The Sanctuary Model
- Using Trauma Theory to Design Service Systems
- Women and Addiction: A Gender-Responsive Approach

Individual Trauma-Informed Service Models for Adults

- Domestic Violence Group Intervention
- Economic Success in Recovery
- Trauma Informed Addictions Group Intervention
- Trauma Issues Associated with HIV Infection: A Group Intervention

Trauma-Specific Service Models for Adults

- Addictions and Trauma Recovery Integration Model (ATRIUM)
- Associative Skills Model: Taking Charge of Change; The Trouble with Feelings; and Boundaries, Precious Boundaries
- Beyond Trauma: A Healing Journey for Women
- Cognitive-Behavioral Treatment for PTSD Among People with Severe Mental Illness
- Eye Movement Desensitization and Reprocessing (EMDR)
- Growing Beyond Survival: A Self Help Toolkit for Managing Traumatic Stress.
- Helping Women Recover (HWR): A Program for Treating Addiction
- Individual Cognitive-Behavioral Treatment for PTSD in People with Severe Mental Illness
- Managing Traumatic Stress Through Art: Drawing from the Center
- The PTSD Psychoeducation Program for People with Severe Mental Illness
- Prolonged Exposure (PE) Therapy
- Seeking Safety Model

- Spirituality and Recovery Curriculum
- Spirituality in Trauma Recovery Group
- Symptom-Specific Group Therapy (SSGT) for Complex Post Traumatic Stress Disorder (CPTSD)
- Trauma and Recovery Group: Cognitive Behavioral Treatment for PTSD in People with Serious Mental Illness
- Trauma Affect Regulation: Guide for Education and Treatment (TARGET)
- Trauma, Addictions, Mental Health and Recovery (TAMAR): Trauma Treatment Group Model
- Trauma Recovery and Empowerment Model (TREM)
- Trauma Recovery and Empowerment Profile (TREP) and Menu of Strategies for Improving a Woman's Trauma Recovery and Empowerment Profile
- Trauma Safety Drop-In Group: A Clinical Model of Group Treatment for Survivors of Trauma
- TRIAD Women's Group Model

Manualized Adaptations to Trauma-Specific Service Models for Adults

- An Introduction to Trauma Issues for Women on Inpatient or Short-Stay Units
- Men's Trauma Recovery and Empowerment Model (M-TREM): A Clinician's Guide to Working with Male Trauma Survivors in Groups
- Spanish Cultural and Linguistic Adaptation and Expansion of Trauma Recovery and Empowerment Model

Models for Developing Trauma-Informed Service Systems and Organizations: Children

- Child Adult Relationship Enhancement (CARE)
- Child Development Community Policing Program (CDCP)
- Preventing Child Abuse Within Youth Serving Organizations
- Safety, Mentoring, Advocacy, Recovery, and Treatment (SMART)
- Stewards of Children
- Trauma Informed Organizational Self Assessment
- Trauma Systems Therapy (TST)

Trauma-Specific Models for Parenting

- Impact of Early Trauma on Parenting Roles
- Parenting at a Distance

- Pathways to Family Reunification and Recovery
- (Caminos Para la Reunificación y la Recuperación): An Educational Group Curriculum for Women in Recovery
- Strengthening Multi-Ethnic Families and Communities: A Violence Prevention Parent Training Program

Trauma-Specific Service Models for Children and Family/Parents/Caregivers

- Abuse-Focused Cognitive Behavioral Therapy for Child Physical Abuse (AF-CBT)
- Attachment, Self-Regulation and Competency (ARC): A Comprehensive Framework for Intervention with Complexly Traumatized Youth
- Child-Parent Psychotherapy (CPP)
- Combined Parent Child Cognitive-Behavioral Approach for Children and Families At-Risk for Child Physical Abuse (CPC-CBT)
- International Family Adult and Child Enhancement Services (IFACES)
- Nurturing Families Affected by Substance Abuse, Mental Illness and Trauma
- Parent-Child Interaction Therapy (PCIT)
- Trauma Focused Cognitive Behavioral Therapy
- (TF-CBT) for Children and Their Parents; Cognitive Behavioral Therapy for Childhood Traumatic Grief (CBT-CTG); Combined TF-CBT and Sertraline for Children
- Trauma Systems Therapy

Trauma-Specific Service Models for Children

- Assessment-Based Treatment for Traumatized Children: A Trauma Assessment Pathway Model (TAP)
- Cognitive Behavioral Therapy for Childhood Traumatic Grief (CBT-CTG)
- Complex Trauma Cognitive Behavioral Therapy
- Component Therapy for Trauma and Grief
- Culturally Modified Trauma-Focused Treatment (CM-TFT)
- Group Intervention for Children of Mothers with Co-occurring Mental Health and Substance Abuse Disorders and Histories of Interpersonal Violence
- Integrative Treatment of Complex Trauma (ITCT) for Children and Adolescents
- Life Skills Life Story
- Love and Life: Trauma Recovery and Empowerment for Adolescent Girls and Young Women Ages 12 – 18 (G-TREM): A Clinician's Guide for Working with Adolescent Girls in Groups
- Prolonged Exposure Therapy for Adolescents with Post Traumatic Stress (PE-A)
- Real Life Heroes
- Sanctuary Model for Children in Residential Settings

- Seeking Safety
- Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS)
- Trauma Affect Regulation: Guide for Education and Treatment (TARGET)
- TRIAD Girls Group Treatment Model
- Voices: A Program of Self-Discovery and Empowerment for Girls

Trauma-Specific Peer Support and Self Help Models

- The Essence of Being Real: Relational Peer Support for Men and Women
- Healing the Trauma of Abuse: A Women's Workbook
- Journey of Self-Discovery: A Study Guide for Trauma Survivors
- Well Recovery Groups
- A Woman's Addiction Workbook
- Women's Leadership Training Institute: "For and By Women in Recovery from Addiction, Mental Illness, and Trauma," Instituto de Entrenamiento para Mujeres Lideres en Recuperacion: Un curriculo educativo y grupal para mujeres en recuperacion
- Your Surviving Spirit: A Spiritual Workbook for Coping With Trauma

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